



**AHM FAMILY RESOURCE
CENTER**

AND



AHM YOUTH SERVICES

PRESENT

**2006 LOCAL
RESOURCES
HANDBOOK**

WELCOME!

Thank you for using this Local Resources Handbook. We have tried to include those addresses and/or phone numbers that you may use most often as you go through your parenting journey.

We have also started listing websites, where available, as another source of information on programs.

The AHM Family Resource Center mission, as well as the mission of AHM Youth Services, is

“To provide mental health and positive youth development services, which assist children, young people and their families in creating a supportive and caring environment for them to reach their maximum potential as members of society.”



This handbook is made possible by the Connecticut State Department of Education. No fees were charged for any listings, and this handbook is free to any resident of the three communities. There is no advertising in this handbook. If you have any questions or need additional information regarding any of the services listed in this handbook, please contact the AHM office at 228-9488.

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AHM FAMILY RESOURCE CENTER PROGRAMS

Contact Information: 228-9488 or 228-0871

E-mail: hebronfrc@yahoo.com

The AHM Family Resource Center provides a variety of programs for parents and children throughout the year. All programs are open to residents of Andover, Hebron and Marlborough. Many programs are free, while some request a nominal fee. In case of financial hardship, fees can be reduced or waived. Programs are centered on the components required by the State of Connecticut Department of Education, and include the following:

PLAY AND LEARN GROUPS

Play and Learn Groups are for parents and children ages Birth through five and meet on a weekly basis for one hour and 15 minutes. During this time, children have free play, crafts and activities, and snack and circle time. Regular field trips and parent nights are also included.

PARENT WORKSHOPS

Workshops for parents, ranging from one to six session programs, are offered on a regular basis through the school year. Workshops are advertised through the local papers and the schools. For further information, call 228-0871 or 228-9488.

HOME VISITS

The AHM Family Resource Center staff is trained and certified to provide free home visits to interested families with children ages birth through five utilizing the nationally based Parents as Teachers curriculum. The visits consist of discussion with the parent(s) on child development, interaction with the child, and also include parenting information. The one-hour visits include the child(ren) and the adult caregiver (parent or daycare provider).

FAMILY DAYCARE PROVIDER WORKSHOPS

Meetings and workshops are held for family daycare providers on a quarterly basis. Providers are also given an opportunity to share ideas and issues. CPR, First Aid and Medications Certification classes are offered.



RESOURCE AND REFERRAL

The AHM Family Resource Center is located in the Gilead Hill School. There are a variety of parenting books that can be checked out, and many pamphlets and brochures that can be taken. There is also a second satellite office at Marlborough Elementary School. The AHM Family Resource Center staff is able to refer families to other agencies when necessary. We have relationships with other agencies in and out of the area in order to best serve families with a wide variety of issues and needs.

POSITIVE YOUTH DEVELOPMENT

Through collaboration with the elementary schools, the AHM Family Resource Center offers a variety of positive youth development activities for school children in grades 4-6. The activities depend on the needs of the school, and are offered by either Family Resource Center staff or AHM Youth Services staff. For more information, call 228-9488.

SUPPORT SERVICES FOR DAYCARE PROGRAMS

The AHM Family Resource Center offers support to Before and After School Programs through offering staff training and referral services. These programs are MECCA (Marlborough Elementary Child Care Association), PREP (Parks and Recreation Enrichment Program) in Hebron, and COOL (Community Organized and Operated Latchkey) in Andover. For more information on these individual programs, please see the section on nursery schools/child care centers.



AHM YOUTH SERVICES PROGRAMS

25 Pendleton Drive, Hebron, CT 06248

Tel. 860-228-9488 FAX-860-228-1213

www.ahmyouth.org

AHM offers a wide variety of programs and services to all residents of the towns of Andover, Hebron and Marlborough.

Following is a brief summary of those services.

FAMILY COUNSELING

Counseling is offered for children and youth ages 0-18, and their families. AHM also provides psychiatric assessments and referral services when necessary.

SUPPORT GROUPS

AHM offers a variety of prevention, education, clinical, and support groups. These groups take place both in the school setting and at the AHM office. Groups are held based on client and student need and may include: grief support, parent education, and student support.

STUDENT SUPPORT SERVICES

This is a school-based program that is designed to assist students in grades K-12 and their families. Families at the elementary and secondary levels can receive a comprehensive network of prevention, intervention and positive youth development services. AHM based social workers operate in conjunction with local agencies, outside resources and clinical staff, to assist those families in need, providing assessment, referral, and direct services.

JUVENILE REVIEW BOARD

This board, consisting of AHM, law enforcement staff, school personnel, and court representatives, offers an opportunity for youth to be diverted from the juvenile justice system for first time criminal offenses, or defiance of parental/school authority.

PEER HELPERS PROGRAM

This program provides an opportunity for adolescents to participate in leadership forums and to learn how to be effective listeners and communicators. They provide a variety of services both in the school and in the community.



PEER MEDIATION PROGRAM

Peer mediation is a school-based program that is designed to specially train students to assist other students in resolving differences. Mediators help disputants look at conflict resolution options and agree on ways to resolve their differences.

MENTORING PROGRAM -“LANTERNS”

This program connects children in the community with an adult volunteer who can provide support, friendship, and positive reinforcement during school hours for a minimum of one academic year. Adult volunteers are trained in communication, confidentiality, and setting goals.

SUMMER YOUTH THEATER

During the summer, AHM sponsors a youth theater, which encourages young people, entering grades 6-12, to explore their creative ability by participating in the production of a Broadway musical. The performances are open to the public and are held at RHAM High School. Interested youth are involved in all aspects of the play, including set design and construction, backstage and sound system works, as well as all acting roles.

YOUTH EMPLOYMENT

AHM is active in helping employ youth. Those adolescents seeking employment, as well as those individuals or companies seeking help, list their names with AHM, and connections are made.

PROJECT GRADUATION

This activity is co-sponsored by AHM and the RHAM High School. It is organized and run by volunteer parents. Immediately following graduation, high School seniors are invited to an all-night party that is free from any drugs or alcohol, in order to offer a safe and fun alternative to other private parties.

TEEN CENTER

Designed to provide a safe environment for teens to have fun, the Teen Center has many activities including air hockey, ping-pong, a pool table, foos-ball, computers and video games. In addition to being open after school, special activities are planned on a regular basis.

VOLUNTEER OPPORTUNITIES

Board of Directors
Substance Abuse Task Force
Summer Youth Theater
Project Graduation
Mentoring Program

LOCAL ORGANIZATIONS

ANDOVER

Andover Elementary School PTO

35 School Street
Andover, CT 06232
Phone #: 742-7339

Boy Scouts Troop Pack 124

Contact Keith Boushee at 742-9620
Website: www.cubmaster@pack124.org

Girl Scouts-Contact Rosa Billa or Lurena Clark at (860) 423-5502 X3

Norton Children's Fund

Distributes monies for various needs. The committee meets before the summer and before the holidays to discuss disbursement of funds. Contact Elizabeth Houle at 742-6832

Andover Lake

P.O. Box 54, Andover, CT 06232-0054

www.andoverlake.com membership information:

<http://users.ntplx.net/~alpoa/ALPOA2006.pdf>-

Andover Lake is a private lake operated by two non-profit organizations, ALMA (Andover Lake Management Association) and ALPOA (Andover Lake Property Owners Association). ALMA owns and manages the property. ALPOA coordinates the social activities of the lake including membership, swimming, boating, beach parties, etc. Membership fees apply. For more information, please contact:

ALMA President Art Wood at 742-1231 or

Vice President Gordon Stratton at 742-6996

Recreational Programs

For information on t-ball, baseball, soccer, and basketball, contact First Selectman Bob Burbank at 742-7305.

Website: www.andoverct.org

HEBRON

Gilead Hill School/Hebron Elementary School PTA

580 Gilead Street
Hebron, CT 06248
Phone Number: 228-9458

Cub Scouts/Boy Scouts Troop 28

Scouting for boys ages 6-18
Contact Mark Sabia at 228-4524

Girl Scouts

Contact Person: Rosa Billa or Lurena Clarke at (860) 423-5502
Scouting for kindergarten through twelfth grade

Camp Hemlocks, Easter Seals

85 Jones Street, Hebron, CT 06248
228-9496

www.eastersealscamphemlocks.org/swim

Offers a full swim program including lessons (from infants to adults), family swim times, swim team, aquacise, senior swim, lifeguard certification, as well as ropes courses, camping and weekend get-aways. Facility is fully handicapped accessible and often used by physically, mentally or visually challenged individuals.

Hebron Parks and Recreation

15 Gilead Street, Hebron
228-5971
www.hebronct.com

Provides a variety of programs for children, youth and adults

Hebron Interfaith Human Services

Contact Terry Young at 228-1681. Food Bank, Clothing, Fuel Assistance, WIC and Emergency Assistance

The Hebron Lions Club

P.O. Box 400, Hebron

webmaster@hebronharvestfair.org

A group of men and women who dedicate themselves to providing services in the community. Annual events include the Hebron Harvest Fair, Annual Pancake Breakfast, and providing financial support to local community organizations. Volunteer opportunities are available.

Hebron Soccer Association

Mailing address: P.O. Box 252, Hebron 06448

www.hebronsoccer.org

Contact: gjammer@comcast.net

Soccer for children of all ages

Hebron Youth Softball/Baseball Association

P.O. Box 91, Hebron, CT

Contact Mike Avelis at 228-3529 or Jack Scully at 228-4953.

RHAM Youth Football and Cheerleading League

Contact Chris Baledes at 267-8925.

RHAM Youth Lacrosse

Contact Darcy Izzarelli at 228-7747 or Beth Fitzgerald at 228-4710.

Hebron Women's Club

Contact Leslie Allen at 228-4278 for further information on this non-profit organization that promotes civic, educational, cultural and social issues in Hebron.

MARLBOROUGH

Boy Scout Troop 39

www.boyscouttrail.com/links/bsapacks.html

www.pack39.com

Scouting for boys ages 5 and up.

Girl Scouts

Contact Lurena Clarke or Rosa Billa at 423-5502

Scouting for girls ages 6 to 18.

Marlborough Arts Center and Museum (MAC&M)

Mailing Address: PO Box 313, Marlborough 06447

Location: Main Street, Marlborough
295-9389

A non-profit regional organization that offers a broad range of cultural and historic programs for the public. There are new exhibits each month in a variety of styles and media. Classes are offered for both children and adults.

Marlborough Junior Women's Club

Contact Nancy O'Connell at 295-8228 or Patti Maroney at 295-7490 for further information on this non-profit organization that promotes civic, educational, cultural and social issues in Marlborough.

Marlborough Parks and Recreation

Director: Lara Kalmbach
295-6203

<http://www.marlboroughct.com/content/ParkRec.htm>

Offers a wide variety of programs for children, adults, and teens.

Marlborough Soccer Club

P.O. Box 514, Marlborough, CT 06447

John Sahnas-295-9339

www.eteams.com/msc

Outdoor soccer for pre-K to high school students.

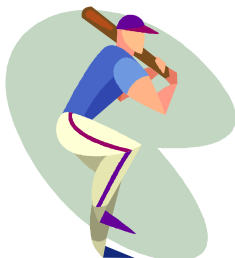
Marlborough Youth Athletic League (MYAL)

President: Scott Billings 295-1452

P.O. Box 124, Marlborough

www.myalsports.org

Basketball, spring & fall baseball for Pre-K to high school students.



AREA-WIDE

Hartford County 4-H

A non-profit organization that provides a safe, healthy, enriching, and fun outdoor experience for young people within a "Learning by Doing" philosophy.

Summer camp is held at 251 South Road, Marlborough

For year-round activities, call Mrs. Elsie Woolam, Camp Administrator, at (860) 289-4177

www.Hartfordcounty4hcamp.org

La Leche League

Provides support and information to women interested in breastfeeding through meetings in Middletown three times a month, at AHM Youth Services once a month as well as through phone contact. For more information, contact Sabrina Graniss at 228-2195.

Moms Club

Julie Kolakowski: 295-9001 (Marlborough)

Jenn Boehler: 530-1021 (Hebron, Andover)

www.momsclub.org

The MOMS Club is a support group for stay-at-home moms, and provides a variety of activities for parents and children. There are currently chapters in Hebron and Marlborough, and they also welcome mothers from various towns.

United Families for Midwifery Care, Inc.

www.cfmidwifery.org/states/states

www.ufmidwiferycare.freeservers.com/home.htm

Education and support for families who would like to find out more information about midwifery and/or homebirths.



Preschools/Childcare Centers

ANDOVER

C.O.O.L.

Community Organized and Operated Latchkey
School Road, Andover Elementary School
742-0016

Before and after school care for elementary aged children

HEBRON

Children's Discovery Center

45 Pendleton Drive, Hebron 02648
228-4994

Childcare center, ages 2 months through second grade; before and after school care; kindergarten and half-day kindergarten care

Parks and Recreation Enrichment Program (PREP)

Gilead Hill School, 580 Gilead St., Hebron 06248
228-4180

Kindergarten and before and after school childcare for elementary aged children

Hebron Center Nursery School

383 Church Street, Hebron 06231
228-1473

A cooperative nursery school for three and four year olds

Christ Lutheran School and Day Care

330 Church Street, Hebron 06248
228-5134

www.cslhebron.org

Day Care is offered from children from 6 weeks through School Age.
Preschool-3 and 4 year olds

AHM/Hebron Parks and Recreation-KinderRHAMa Preschool

Wall Street, Hebron 06248

Preschool for three and four year olds held at RHAM High School. High school students taking coursework in Child Development observe and assist in the classroom. Please contact Becky Murray at 228-9488



MARLBOROUGH

CHILDREN'S WORKSHOP

Marlborough Congregational Church,
PO Box 57, Marlborough 06447
295-8126

Child care center and nursery school, ages 3 through 12

KID'S CLUB CHILDCARE AND NURSERY SCHOOL CENTER

8 Sarah Lane, Marlborough 06447
295-0498

Child Care center and nursery school for children ages 6 weeks to 8 years

LITTLE AND BIG PEOPLE, UNLIMITED

152 Hebron Road, PO Box 497, Marlborough 06447
295-8003

Child care center and nursery school, ages 6 weeks to grade 3

MARLBOROUGH NURSERY SCHOOL CO-OP

Marlborough Congregational Church
PO Box 57, Marlborough, 06447
295-0798

Nursery school for three and four year olds

MECCA

Marlborough Elementary Child Care Association
25 School Dr., PO Box 224, Marlborough 06447
295-9400

Before and after school care for elementary aged children

Today's Child Care Association

Comprised of local family day care providers serving surrounding towns.
Contact Kim Lincoln at 537-8542.

**FOR SPECIFIC INFORMATION ON FAMILY DAYCARE PROVIDERS, PLEASE
CALL THE CHILDCARE HOTLINE AT 1-800-505-1000.**

To find home daycare listed by towns, you can go to
http://www.dph.state.ct.us/BRS/Day_Care/F_Monthly.pdf

SCHOOLS



ELEMENTARY

ANDOVER ELEMENTARY SCHOOL

GRADES K-6, pre-school for identified/peer model students

35 School Rd., Andover, CT 06232

(860)742-7339

www.andover.k12.ct.us

Principal: H. David Griffin

ELMER THIENES/MARY HALL ELEMENTARY SCHOOL (MARLBOROUGH)

GRADES K-6, pre-school for identified/peer model students

25 School Dr. Marlborough, CT 06447

860-295-6220

www.marlborough.k12.ct.us

Principal: Loraine Giannini

GILEAD HILL SCHOOL (HEBRON)

GRADES K-2, pre-school for identified/peer model students

580 Gilead St., Hebron, CT 06248

860-228-9458

www.ghs.hebron.k12.ct.us

Superintendent, Dr. Elle Cruz

Principal: Kathryn Veronesi

HEBRON ELEMENTARY SCHOOL

GRADES 3-6

92 Church St., Hebron, CT 02648

860-228-9465

www.hes.hebron.k12.ct.us

Principal: Joanne Collins



SECONDARY

RHAM MIDDLE SCHOOL-*REGIONAL DISTRICT #8

GRADES 7, 8

RHAM Road, Hebron, CT 06248

860-228-9423

www.rhamms.reg8.k12.ct.us

Principal: Dr. Linda Crossman

Vice Principal: Anne Starr

RHAM HIGH SCHOOL-*REGIONAL DISTRICT #8

GRADES 9-12

RHAM Road, Hebron, CT 06248

860-228-9474

www.rhamhs.reg8.k12.ct.us

Principal: Scott Leslie

Vice Principals: Jason Peacock, Don Wilson

Windham Technical School

Grades 9-12

210 Birch Street, Willimantic, CT 06226

(860)456-3879

www.cttech.org/windham/index.htm

Principal: Kirk Murad

Assistant Principal: Fred Ashton, Judith Warren

*All schools listed here serve students from the towns of Andover, Hebron, and Marlborough.



TOWN HALLS

ANDOVER

Andover Town Hall
PO Box 328, School Road, Andover, CT 06232
860-742-7305
www.andoverct.org

HEBRON

Hebron Town Hall
15 Gilead Street, Hebron, CT 06248
860-228-5971
www.hebronct.com

MARLBOROUGH

Marlborough Town Hall
26 North Main Street, Marlborough, CT 06447
860-295-6200
www.marlboroughct.com

TOWN LIBRARIES



ANDOVER

Andover Library
355 Rt. 6, PO Box 75, Andover, CT 06232
860-742-7428
<http://www.andoverctpl.blogspot.com>

HEBRON

Douglas Library
22 Main Street, Hebron, CT 06248
860-228-9312
www.douglaslibrary.org

MARLBOROUGH

Richmond Memorial Library
PO Box 387, South Main St., Marlborough, CT 06447
860-295-6210
www.richmondmemoriallib.org



PLACES OF WORSHIP



ANDOVER

Andover Congregational Church
359 Rt. 6
(860) 742-7696
www.andoverchurch.org

HEBRON

Christ Lutheran Church
330 Church Street (Rt. 85) PO. Box 62
(860) 228-1152

First Congregational Church of Hebron
One Main St.
(860) 228-0551
www.firstchurchhebron.org

St. Peter's Episcopal Church
30 Church St.
Rt. 85
860-228-3244
www.forministry.com

United Brethren of Hebron Synagogue
10 Church St. (Rt. 85)
(860) 228-1781

MARLBOROUGH

Marlborough Congregational Church
PO Box 57
35 South Main St.
(860) 295-9050

Fellowship Community Church
24 South Rd.
(860) 295-0844
www.fccefrees.com

Church of the Holy Family
PO Box 146
185 Church St.
(860) 228-0096
www.church-of-the-holy-family.org

Gilead Congregational Church
672 Gilead St., Rt. 85
(860) 228-3077
www.gileadchurchucc.org

Worship Center
860-228-4442
www.worshipcenterct.org

St. John Fisher
Catholic Church
30 Jones Hollow Rd.
(860) 295-0001

MENTAL HEALTH/SOCIAL SERVICES

AHM Youth Services, Inc.

25 Pendleton Drive, Hebron CT 06248

Phone: 860-228-9488, Fax: 860-228-1213

See full-page section for program details

Bereavement Counseling

D'Esopo Resource Center For Loss

280 Main Street, Wethersfield

(860) 563-5677

www.safeplacetogrieve.com

The Cove Center

Provides services for grieving children and their families at locations across Connecticut

Coordinating Office (203)634-0500 or 1-800-750-COVE

<http://www.covect.org>

VNA Health Care

Hospice Branch

103 Woodland Street, Hartford

(860) 633-3521

INFOLINE



Dial 211

Infoline can answer a variety of questions regarding a wide variety of services offered in Connecticut, ranging from emergency shelter to financial assistance to mental health services to voting information. Any community services information that you need beyond what is available directly in your town can be obtained through Infoline by simply dialing 211.

Emergency Shelter

CT Coalition to End Homelessness	721-7876
Samaritan Shelter, Manchester	647-8003
Holy Family Home & Shelter, Windham	423-7719

Food Assistance

WIC is a special supplemental nutrition program that helps pregnant women, new mothers and young children eat well and stay healthy. Nutritious foods are given to those who qualify at no cost to them.

800-741-2142

www.dph.state.ct.us/BCH/wic/

Health Insurance

State Administered Health Insurance

Husky Health Infoline 1-877-284-4875 (1-800-CT-HUSKY)

www.huskyhealthcare.com

Mental Health

ECHN/Manchester Memorial Hospital

Outpatient Behavioral Health

71 Haynes St., Manchester, CT 06040

(860) 533-3434

www.echn.org

Crisis Intervention Service

(860) 647-4766

United Services

132 Mansfield Avenue, Willimantic

(860) 456-2261

Addiction Recovery Services, Child and Family Services, Counseling and Psychiatry.

www.unitedservicesct.org

University of Connecticut Frederick G. Humphrey Center for Individual, Couple, and Family Therapy

843 Bolton Road, Storrs, CT 06269-1117

(860) 486-3692

<http://www.familystudies.uconn.edu/centers/humphrey/services.html>

Individual, Marriage, and Family Therapy

PARENTING

Department of Children and Families

364 West Middle Turnpike, Manchester, 06040

(860) 533-3600

Hotline and information and referral services: 1-800-842-2288

Protection of children from abuse, neglect, foster care, adoption, juvenile justice

Adoptive Parents

Connecticut Association of Foster and Adoptive Parents

860-258-3400 Hartford

1-800-861-8838

www.cafap.com

A non-profit organization committed to strengthening Foster and Adoptive Families, and relative caregivers through support, training, and advocacy.

Child Development

Birth to Three

1-800-505-7000

www.birth23.org

Helps families and their infants and toddlers in screening for developmental delays and providing services if needed

College Savings

CHET, Connecticut's College Savings Program

1-888-799-CHET (2438)

www.aboutchet.com

The State of Connecticut offers a flexible, tax-advantaged program for parents to save for their child's college.

Parenting Programs

Manchester Memorial Hospital-Family Development Center

(860) 647-3330

www.echn.org

A variety of educational programs for parents

KidSafe CT

19 Elm Street, Rockville, CT 06066

(860) 872-1918

www.kidsafect.org

Offers parenting education classes and support groups

Special Needs

Autism Society of Connecticut

ASCONN, P. O. Box 1404 · Guilford, CT 06437

(888) 453-497

<http://www.autismsocietyofct.org/>

Committed to raising public awareness about autistic spectrum disorders, and devoted to empowering families and lessening their isolation

Connecticut Autism Spectrum Resource Center

(203) 248-5222

<http://www.ct-asrc.org/>

Information and resources for people who are living with Autism spectrum disorders. They provide family support, training opportunities, advocacy training, community awareness, and a comprehensive education network.

Connecticut Association for Children and Adults with Learning Disabilities

203-838-5010

CACLD 25 Van Zant Street, Suite 15-5, East Norwalk, CT 06855

(203) 838-5010, FAX (203) 866-6108

www.cacl.org

Supports individuals, families, and professionals by providing information, education, and consultation.

Connecticut Parent Advocacy Center

1-800-445-CPAC

860-739-3089

www.cpacinc.org

Information and support to families of children with any disability or chronic illness, age birth through 21.

Learning Disabilities Association of Connecticut

999 Asylum Avenue, 5th Floor, Hartford, CT 06105

(860) 560-1711

www.ldact.org

Helps families and individuals (both children and adults) who are affected by learning disabilities, by securing appropriate educational and employment opportunities

DOMESTIC VIOLENCE/SEXUAL ASSAULT CRISIS

Domestic Violence Statewide

For information about services, please call:
860-774-8648 or 456-9476

Sexual Assault Crisis Center of Eastern Connecticut

90 South Park Street, Willimantic, CT 06226
(860) 456-3595
Hotline: 456-2789 Toll Free: 1-888-999-5545

INFOLINE

Dial 211

Infoline can answer questions regarding a wide variety of services offered in Connecticut.

LEGAL ASSISTANCE

Advocacy Unlimited, Inc.

300 Russell Road, Wethersfield, CT 06109
(860) 667-0460 OR 1-800-573-6929

www.mindlink.org

Advocacy for psychiatric disabilities

Children's Law Center

30 Arbor Street, South Building, Hartford, CT 06106
(860) 232-9993

www.clct.org

Work to protect children involved in family court by providing high quality legal services and advocating for policies that advance the well being and best interests of children.

Children's LAWLINE

1-888 Law-Door

Associated with the Children's Law Center, this is a toll free telephone legal information and brief assistance service available to anyone in Connecticut who has legal questions and concerns regarding family law.

Statewide Legal Services of Connecticut, INC.

425 Main Street, Middletown, CT 06457
1-(800) 453-3320-hotline (860)344-0380-Middletown area

<http://www.slscct.org/Home/PublicWeb>

A non-profit organization which is part of a broad network of providers of legal services to low income people in Connecticut. They are accessible to clients through telephone service.

SUBSTANCE ABUSE SERVICES

Note: Some of the agencies listed under "Mental Health" also provide substance abuse services

ALANON, ALATEEN

1-888-825-2566

www.ct-al-anon.org

A worldwide organization that offers a program of help and mutual support for families and friends of someone with a drinking problem whether or not the person with a drinking problem seeks help or even recognizes the existence of a drinking problem. Call above number to find a group close to you.

AA

Hartford 282-5924 East Hampton 800-530-9511 Manchester 646-2355

www.ct-aa.org

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. Free.

Connecticut Department of Mental Health and Addiction Services

800-446-7348

www.dmhas.state.ct.us/about

Promotes and administers comprehensive, recovery-oriented services in the areas of mental health treatment and substance abuse prevention and treatment throughout Connecticut.

Rushford Center-Outpatient Center

136 New London Turnpike, Glastonbury 06033

Substance Abuse Day Treatment and Partial Hospital/Intensive Outpatient Program

(860)657-8910 or (800)542-4791

Serves adults ages 18 and up

Manchester Memorial Hospital

Adolescent Behavioral Services

71 Haynes Street, Manchester 06040

(860)647-6827

Substance Abuse Day Treatment and Partial Hospitalization/Intensive Outpatient Program for teens ages 12-18.

Natchaug Hospital-Rivereast Day Hospital and Treatment Center

428 Hartford Turnpike, Vernon 06066

(860) 870-0019

Substance Abuse Counseling/Day Treatment for adults 18 and up.



IMPORTANT NUMBERS/HOTLINES

INFOLINE

www.infoline.org

Dial 211

Infoline can answer a variety of questions regarding services offered in Connecticut, ranging from emergency shelter to financial assistance to mental health services to voting information. Any community services information that you need, beyond what is available directly in your town, can be obtained through Infoline by simply dialing 211 anywhere in Connecticut.

Emergency Medical or Mental Health 911
Middlesex Medical Center-Marlborough 295-5100
(Open 7AM-11 PM 7 days/week)

DCF Child Abuse and Neglect Hotline	1-800-842-2288
Domestic Violence Statewide	1-888 774-8688
Birth-to-Three	1-800-505-7000
Child Care Information	1-800-505-1000
Child Support Enforcement	1-800-228-5437
Dept. of Motor Vehicles	1-800-842-8222
CT Dept. of Consumer Protection	1-800-842-2649
Gamblers Anonymous	1-800-266-1908
Husky Health Infoline	1-877-284-4875
Poison Control Center	1-800-222-1222
Social Security	1-800-772-1213
State Police Missing Persons Hotline	1-800-367-5678
National Runaway Switchboard	1-800-RUNAWAY
	1-800-786-2929
National Suicide Hotline	1-800-SUICIDE
	1-800-784-2433



RESIDENT STATE TROOPERS

Andover	742-0235
Hebron	228-3710
Marlborough	295-9098
Colchester State Police Troop K	537-7500